



# We Can't Say It's Cheese™ **Cheesy Vegi Quinoa**

## *Ingredients*

*Makes 4 servings.*

- 1/2 cup We Can't Say It's Cheese – Cheddar–style Dip
- 1 cup dry quinoa
- 2 cups water
- 1 cup frozen/canned peas
- 1 generous handful spinach
- ¼ cup purple onion minced
- Garnish

## *Directions*

1. Boil 2 cups of water with a pinch of salt.
2. Add 1 cup quinoa – boil. Turn heat to low and cover for 15 to 20 minutes until all water is absorbed. Let sit for 5 minutes. Fluff with a fork.
3. In a separate pan, heat peas, spinach, and onion
4. Combine quinoa, vegetables and Cheddar–style Dip. Stir well.
5. Garnish with chopped tomato, sliced black olives, or scallions
6. Salt and pepper to taste.

*From Our Family to Yours*